

General Health

How would you say your general health is?

- Seventeen percent of Pennsylvania adults responded “fair” or “poor”; 30 percent answered “good”; and 19 percent indicated their general health was “excellent.”

The following bullets describe the percentages of respondents who indicated they had “fair” or “poor” general health:

- Pennsylvania adults age 18-29 had a significantly lower percentage (10 percent, CI: 8-13) compared to Pennsylvania adults age 45-64 (21 percent, CI: 19-22) and adults age 65 and older (24 percent, CI: 22-26).
- Pennsylvania adults age 30-44 had a significantly lower percentage (11 percent, CI: 9-14) compared to Pennsylvania adults age 45-64 (21 percent, CI: 19-22) and adults age 65 and older (24 percent, CI: 22-26).
- Pennsylvania adults with a high school education had a significantly lower percentage (20 percent, CI: 19-22) compared to Pennsylvania adults with less than a high school education (35 percent, CI: 30-40).
- Pennsylvania adults with some college education had a significantly lower percentage (15 percent, CI: 13-17) compared to Pennsylvania adults with less than a high school education (35 percent, CI: 30-40) and adults with a high school education (20 percent, CI: 19-22).
- Pennsylvania adults with a college degree had a significantly lower percentage (6 percent, CI: 6-8) compared to Pennsylvania adults with less than a high school education (35 percent, CI: 30-40), adults with a high school education (20 percent, CI: 19-22) and adults with some college education (15 percent, CI: 13-17).
- Pennsylvania adults with a household income of \$15,000 to \$24,999 had a significantly lower percentage (30 percent, CI: 27-34) compared to Pennsylvania adults with a household income of less than \$15,000 (42 percent, CI: 37-46).
- Pennsylvania adults with a household income of \$25,000 to \$49,999 had a significantly lower percentage (17 percent, CI: 15-19) compared to Pennsylvania adults with a household income of less than \$15,000 (42 percent, CI: 37-46) and adults with a household income of \$15,000 to \$24,999 (30 percent, CI: 27-34).
- Pennsylvania adults with a household income of \$50,000 to \$74,999 had a significantly lower percentage (9 percent, CI: 7-11) compared to Pennsylvania adults with a household income of less than \$15,000 (42 percent, CI: 37-46), adults with a household income of \$15,000 to \$24,999 (30 percent, CI: 27-34) and adults with a household income of \$25,000 to \$49,999 (17 percent, CI: 15-19).
- Pennsylvania adults with a household income of \$75,000 or more had a significantly lower percentage (6 percent, CI: 5-7) compared to Pennsylvania adults with a household income of less than \$15,000 (42 percent, CI: 37-46), adults with a household income of \$15,000 to \$24,999 (30 percent, CI: 27-34) and adults with a household income of \$25,000 to \$49,999 (17 percent, CI: 15-19).
- Pennsylvania white, non-Hispanic adults had a significantly lower percentage (16 percent, CI: 15-17) compared to Pennsylvania black, non-Hispanic adults (27 percent, CI: 23-31).

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In the past month, how many days was your physical health not good?

- Thirty-seven percent of Pennsylvania adults in 2014 indicated that their physical health was not good at least one day in the past year.

The following bullets describe the percentages of respondents who indicated their physical health was not good at least one day in the past month:

- Pennsylvania men had a significantly lower percentage (34 percent, CI: 32-36) compared to Pennsylvania women (39 percent, CI: 38-41).
- Pennsylvania adults age 30-44 had a significantly lower percentage (33 percent, CI: 31-36) compared to Pennsylvania adults age 45-64 (39 percent, CI: 37-41).
- Pennsylvania adults with a college degree had a significantly lower percentage (31 percent, CI: 29-33) compared to Pennsylvania adults with less than a high school education (43 percent, CI: 38-48), adults with a high school education (38 percent, CI: 36-40) and adults with some college education (37 percent, CI: 35-40).
- Pennsylvania adults with a household income of \$15,000 to \$24,999 had a significantly lower percentage (43 percent, CI: 40-47) compared to Pennsylvania adults with a household income of less than \$15,000 (58 percent, CI: 53-63).
- Pennsylvania adults with a household income of \$25,000 to \$49,999 had a significantly lower percentage (37 percent, CI: 35-40) compared to Pennsylvania adults with a household income of less than \$15,000 (58 percent, CI: 53-63).
- Pennsylvania adults with a household income of \$50,000 to \$74,999 had a significantly lower percentage (31 percent, CI: 28-34) compared to Pennsylvania adults with a household income of less than \$15,000 (58 percent, CI: 53-63), adults with a household income of \$15,000 to \$24,999 (43 percent, CI: 40-47) and adults with a household income of \$25,000 to \$49,999 (37 percent, CI: 35-40).
- Pennsylvania adults with a household income of \$75,000 or more had a significantly lower percentage (28 percent, CI: 26-30) compared to Pennsylvania adults with a household income of less than \$15,000 (58 percent, CI: 53-63), adults with a household income of \$15,000 to \$24,999 (43 percent, CI: 40-47) and adults with a household income of \$25,000 to \$49,999 (37 percent, CI: 35-40).

In the past month, how many days was your mental health not good?

- Thirty-five percent of Pennsylvania adults in 2014 responded that their mental health was not good at least one day in the past month.

The following bullets describe the percentages of respondents who indicated their mental health was not good at least one day in the past month:

- Pennsylvania men had a significantly lower percentage (31 percent, CI: 29-33) compared to Pennsylvania women (40 percent, CI: 38-42).
- Pennsylvania adults age 18-29 had a significantly lower percentage (39 percent, CI: 36-42) compared to Pennsylvania adults age 30-44 (47 percent, CI: 43-51).
- Pennsylvania adults age 45-64 had a significantly lower percentage (35 percent, CI: 33-37) compared to Pennsylvania adults age 18-29 (47 percent, CI: 43-51).
- Pennsylvania adults age 65 and older had a significantly lower percentage (22 percent, CI: 20-24) compared to Pennsylvania adults age 18-29 (47 percent, CI: 43-51), adults age 30-44 (39 percent, CI: 36-42) and adults age 45-64 (35 percent, CI: 33-37).
- Pennsylvania adults with a high school education had a significantly lower percentage (34 percent, CI: 32-36) compared to Pennsylvania adults with some college education (40 percent, CI: 37-43).
- Pennsylvania adults with a college degree had a significantly lower percentage (31 percent, CI: 29-33) compared to Pennsylvania adults with less than a high school education (40 percent, CI: 35-45) and adults with some college education (40 percent, CI: 37-43).
- Pennsylvania adults with a household income of \$25,000 to \$49,999 had a significantly lower percentage (32 percent, CI: 29-35) compared to Pennsylvania adults with a household income of less than \$15,000 (50 percent, CI: 45-55) and adults with a household income of \$15,000 to \$24,999 (43 percent, CI: 39-47).

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In the past month, how many days was your mental health not good? (continued)

- Pennsylvania adults with a household income of \$50,000 to \$74,999 had a significantly lower percentage (32 percent, CI: 29-36) compared to Pennsylvania adults with a household income of less than \$15,000 (50 percent, CI: 45-55) and adults with a household income of \$15,000 to \$24,999 (43 percent, CI: 39-47).
- Pennsylvania adults with a household income of \$75,000 or more had a significantly lower percentage (33 percent, CI: 30-36) compared to Pennsylvania adults with a household income of less than \$15,000 (50 percent, CI: 45-55) and adults with a household income of \$15,000 to \$24,999 (43 percent, CI: 39-47).

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Figure 1A: General Health Prevalence per 1,000 Pennsylvania Population, Pennsylvania Adults, by Type, 2011-2014

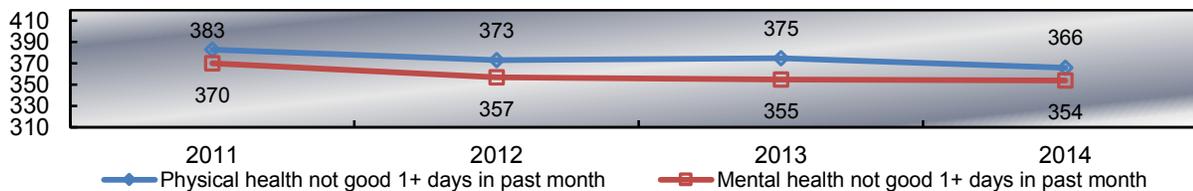


Table 1: Health Status, Pennsylvania Adults, 2014 (with 95% Confidence Intervals)

	Fair or Poor Health*		Physical Health Not Good 1+ Days Past Month*		Mental Health Not Good 1+ Days Past Month*	
	%	CI	%	CI	%	CI
All adults	17	16-18	37	35-38	35	34-37
Gender:						
Male	17	15-18	34	32-36	31	29-33
Female	18	16-19	39	38-41	40	38-42
Age:						
18-29	10	8-13	37	33-41	47	43-51
30-44	11	9-14	33	31-36	39	36-42
45-64	21	19-22	39	37-41	35	33-37
65+	24	22-26	37	35-39	22	20-24
Education:						
<High school	35	30-40	43	38-48	40	35-45
High school	20	19-22	38	36-40	34	32-36
Some college	15	13-17	37	35-40	40	37-43
College degree	6	6-8	31	29-33	31	29-33
Household income:						
<\$15,000	42	37-46	58	53-63	50	45-55
\$15,000 to \$24,999	30	27-34	43	40-47	43	39-47
\$25,000 to \$49,999	17	15-19	37	35-40	32	29-35
\$50,000 to \$74,999	9	7-11	31	28-34	32	29-36
\$75,000+	6	5-7	28	26-30	33	30-36
Race:						
White, non-Hispanic	16	15-17	37	35-38	35	34-37
Black, non-Hispanic	27	23-31	38	34-42	38	34-43
Hispanic	23	17-31	40	32-49	40	32-48

*Excludes missing, don't know and refused

Note: When comparing demographic estimates, confidence intervals that do not overlap indicate a significant difference.

Figure 1B: Fair or Poor General Health, Pennsylvania Health Districts, 2014

