

**Minority Health Disparities in Pennsylvania  
Adult Behavioral Health Risk Factors (2014):**

**Black, non-Hispanic adults in Pennsylvania reported significantly higher percentages than White, non-Hispanic adults for:**

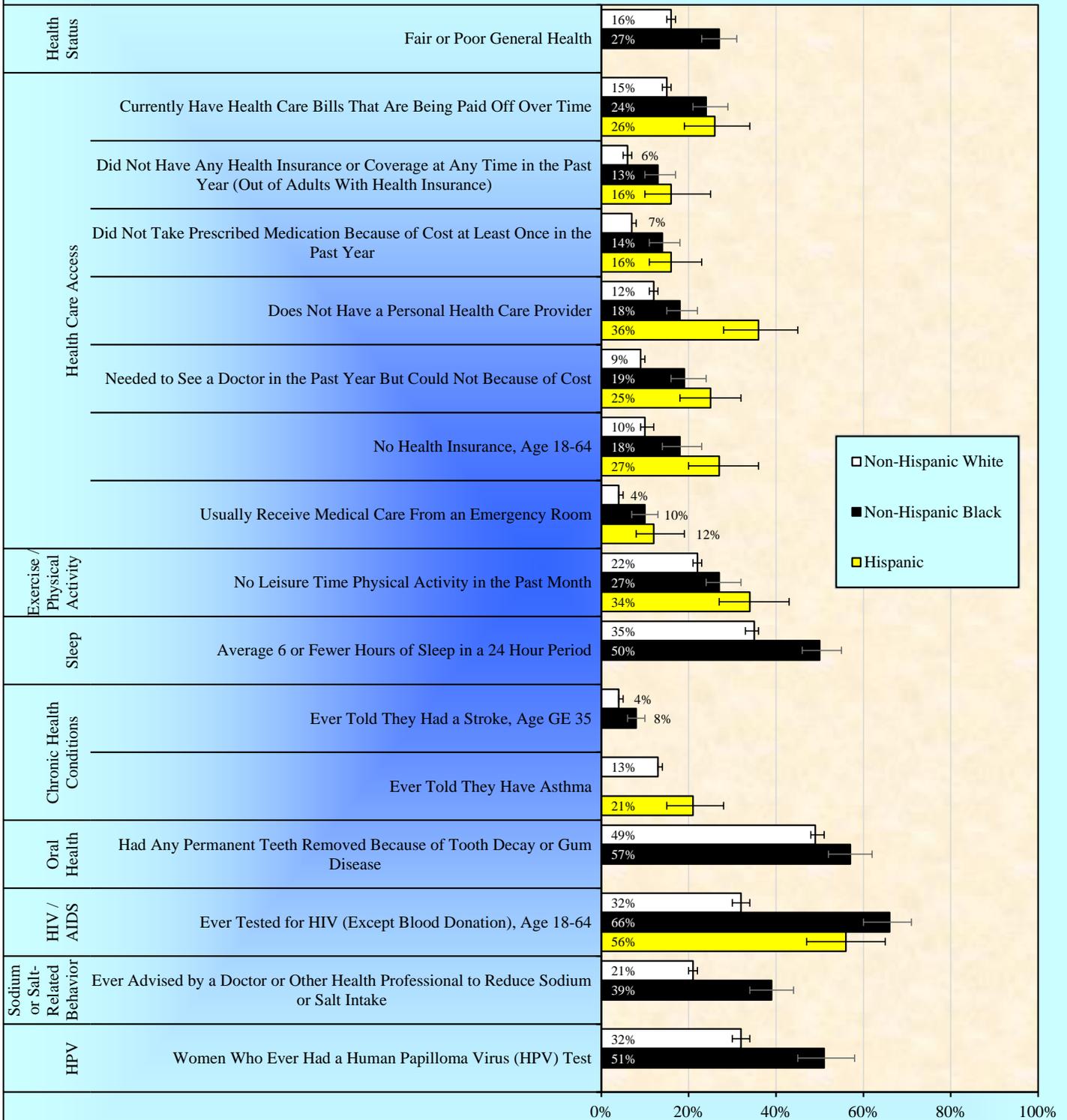
Health Status	<ul style="list-style-type: none"> <li>Fair or Poor General Health</li> </ul>
Health Care Access	<ul style="list-style-type: none"> <li>Currently Have Health Care Bills That Are Being Paid Off Over Time</li> <li>Did Not Have Any Health Insurance or Coverage at Any Time in the Past Year (Out of Adults With Health Insurance)</li> <li>Did Not Take Prescribed Medication Because of Cost at Least Once in the Past Year</li> <li>Does Not Have a Personal Health Care Provider</li> <li>Needed to See a Doctor in the Past Year But Could Not Because of Cost</li> <li>No Health Insurance, Age 18-64</li> <li>Usually Receive Medical Care From an Emergency Room</li> </ul>
Exercise/Physical Activity	<ul style="list-style-type: none"> <li>No Leisure Time Physical Activity in the Past Month</li> </ul>
Inadequate Sleep	<ul style="list-style-type: none"> <li>Average 6 or Fewer Hours of Sleep in a 24 Hour Period</li> </ul>
Chronic Health Conditions	<ul style="list-style-type: none"> <li>Ever Told They Had a Stroke, Age GE 35</li> </ul>
Oral Health	<ul style="list-style-type: none"> <li>Had Any Permanent Teeth Removed Because of Tooth Decay or Gum Disease</li> </ul>
HIV/AIDS	<ul style="list-style-type: none"> <li>Ever Tested for HIV (Except Blood Donation), Age 18-64</li> </ul>
Sodium or Salt-Related Behavior	<ul style="list-style-type: none"> <li>Ever Advised by a Doctor or Other Health Professional to Reduce Sodium or Salt Intake</li> </ul>
HPV Testing	<ul style="list-style-type: none"> <li>Women Who Ever Had a Human Papilloma Virus (HPV) Test</li> </ul>
Demographics	<ul style="list-style-type: none"> <li>Either Blind or Have Serious Difficulty Seeing, Even When Wearing Glasses</li> <li>Have Serious Difficulty Concentrating, Remembering or Making Decisions Because of a Physical, Mental or Emotional Condition</li> <li>Have Serious Difficulty Walking or Climbing Stairs</li> <li>Health Problems Require the Use of Special Equipment</li> <li>Obese (BMI GE 30)</li> <li>Overweight (BMI GE 25)</li> </ul>
Adverse Childhood Experience	<ul style="list-style-type: none"> <li>As a Child, Their Parents/Adults Slapped/Hit/Kicked/Punched/Beat Each Other Up at Least One Time in Their Home</li> <li>During Childhood Their Parents Were Separated or Divorced</li> <li>During Childhood They Lived with Someone Who Served Time or Was Sentenced to Prison/Jail/Correctional Facility</li> <li>During Childhood They Lived with Someone Who Used Illegal Street Drugs or Abused Prescription Medications</li> <li>During Childhood They Lived with Someone Who Was a Problem Drinker or Alcoholic</li> </ul>

**Hispanic adults in Pennsylvania reported significantly higher percentages than White, non-Hispanic adults for:**

Health Care Access	<ul style="list-style-type: none"> <li>• Currently Have Health Care Bills That Are Being Paid Off Over Time</li> <li>• Did Not Have Any Health Insurance or Coverage at Any Time in the Past Year (Out of Adults With Health Insurance)</li> <li>• Did Not Take Prescribed Medication Because of Cost at Least Once in the Past Year</li> <li>• Does Not Have a Personal Health Care Provider</li> <li>• Needed to See a Doctor in the Past Year But Could Not Because of Cost</li> <li>• No Health Insurance, Age 18-64</li> <li>• Usually Receive Medical Care From an Emergency Room</li> </ul>
Exercise/Physical Activity	<ul style="list-style-type: none"> <li>• No Leisure Time Physical Activity in the Past Month</li> </ul>
Chronic Health Conditions	<ul style="list-style-type: none"> <li>• Ever Told They Have Asthma</li> </ul>
HIV/AIDS	<ul style="list-style-type: none"> <li>• Ever Tested for HIV (Except Blood Donation), Age 18-64</li> </ul>
Adverse Childhood Experience	<ul style="list-style-type: none"> <li>• As a Child, Their Parents or Adults Swore, Insulted or Put Them Down Once or More in Their Home</li> <li>• As a Child, Their Parents/Adults Slapped/Hit/Kicked/Punched/Beat Each Other Up at Least One Time in Their Home</li> <li>• Before Age 18, Their Parents/Adults Hit/Beat/Kicked/Physically Hurt Them in Any Way at Least One Time in Their Home</li> <li>• During Childhood Their Parents Were Separated or Divorced</li> <li>• During Childhood They Lived with Someone Who Served Time or Was Sentenced to Prison/Jail/Correctional Facility</li> </ul>

## Behavioral Health Risks, 2014

### Significant Differences Compared to White PA Residents



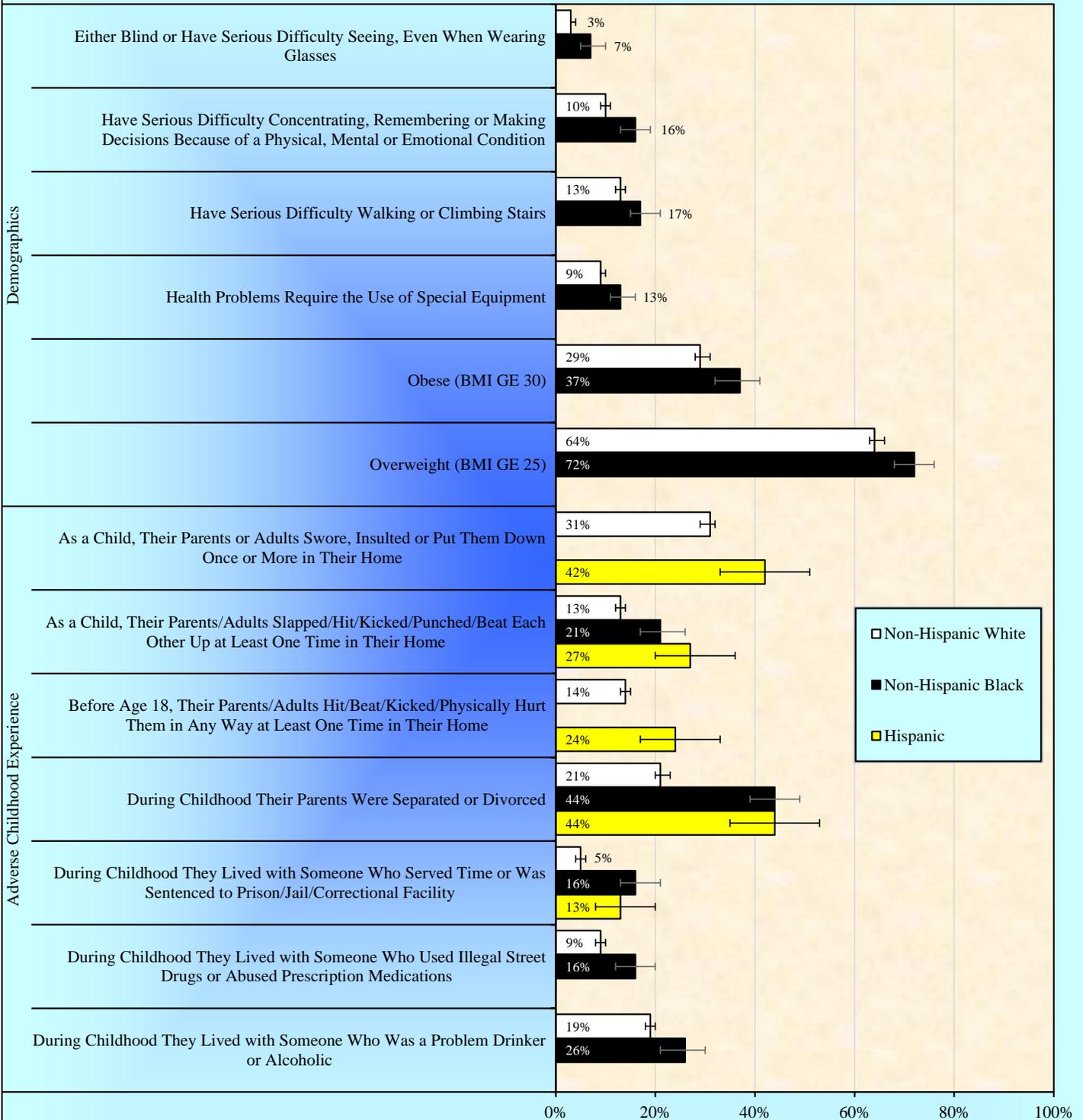
The symbol,  $\pm$ , represents a 95% confidence interval.

NOTE: In 2011, the BRFSS added numbers from a cell phone sample to the sample of landline telephones. This remedied a gap in coverage that had developed as people switched to cell phones. A new weighting methodology called "iterative proportional fitting," or "raking," was also introduced. Therefore, single-year measures should be re-benchmarked at the 2011 estimate values, and not compared to BRFSS estimates from previous years.

SOURCE: PA Department of Health, Division of Health Informatics, Behavioral Risk Factor Surveillance System

## Behavioral Health Risks, 2014

### Significant Differences Compared to White PA Residents



The symbol,  $\pm$ , represents a 95% confidence interval.

NOTE: In 2011, the BRFSS added numbers from a cell phone sample to the sample of landline telephones. This remedied a gap in coverage that had developed as people switched to cell phones. A new weighting methodology called "iterative proportional fitting," or "raking," was also introduced. Therefore, single-year measures should be re-benchmarked at the 2011 estimate values, and not compared to BRFSS estimates from previous years.

SOURCE: PA Department of Health, Division of Health Informatics, Behavioral Risk Factor Surveillance System